



## SCOPE OF SERVICE - TTE

S/N	Parameters	Details
1	Population(s) served	<ul style="list-style-type: none"> <li>a) Age: 18 to 60 years old, case by case for &gt;60</li> <li>b) Singaporean, PR and foreigner- regardless of race, religion, language or gender</li> </ul>
2	Cultural needs	<ul style="list-style-type: none"> <li>a) Clients with specific cultural needs or accommodations are to highlight to the staff upon admission</li> </ul>
3	Settings	<ul style="list-style-type: none"> <li>a) Outpatient rehabilitation centre</li> <li>b) Work Sites</li> </ul>
4	Hours of Services	<ul style="list-style-type: none"> <li>a) Operating hours 8.00am-5.30pm</li> <li>b) Duration of training session : Up to 3 hours/ session</li> </ul>
5	Days of Services	<ul style="list-style-type: none"> <li>a) Monday- Friday</li> </ul>
6	Frequency of Services	<ul style="list-style-type: none"> <li>a) Frequency and type of services (Physiotherapy, Occupational Therapy, Social Work, Employment Support, &amp;/Or Clinical Psychologist services) depends upon assessment and recommendation from the therapists</li> <li>b) Clients in the program are recommended to receive two to five sessions per week</li> <li>c) Any exception will have to be discussed with TTE team with approval from the manager</li> </ul>
7	Payer sources	<ul style="list-style-type: none"> <li>a) Eligible clients will be offered subsidies according to government schemes</li> <li>b) If the client needs additional subsidy from SPD, they can contact the social worker to appeal. Appeals and duration will be considered on a case-by-case basis</li> </ul>
8	Fees	<ul style="list-style-type: none"> <li>a) Active rehabilitation session charges \$87 + GST</li> <li>b) The same charges apply to an Assessment session</li> </ul>
9	Referral Sources	<ul style="list-style-type: none"> <li>a) All cases that require subsidised services MUST be referred by the Agency for Integrated Care (AIC).</li> </ul>

		<p>b) Non-subsidised cases need to get a medical clearance before assessment. Referral form to access SPD-TTE services can be downloaded from: <a href="http://www.spd.org.sg/wp-content/uploads/2018/08/SPD_ReferralForm.pdf">http://www.spd.org.sg/wp-content/uploads/2018/08/SPD_ReferralForm.pdf</a>. The cases will subsequently be referred to AIC for admission</p>
10	The specific services offered, including whether the services are provided directly or by referrals	<p>a) Community Based Return to Work training with Physiotherapy, Occupational Therapy, Social Work and Employment Placement/ Support. Clinical Psychologist service (if necessary)</p> <p>b) Outsourced transport facility in identified region</p> <p>c) Speech Therapy service can be provided (based upon availability) or AIC will be informed for referral</p>
11	Intake Criteria	<p>a) Adult (18 to 60 years of age upon admission, case-by-case basis for &gt;60 years of age)</p> <p>b) Adults with acquired physical disabilities with neurological and orthopaedic injuries</p> <p>c) Stable medical or post- surgical condition that requires active rehabilitation</p> <p>d) Behaviour Status: Stable mental and cognitive status is required for rehabilitation. Behaviour that can cause harm to the person, others, or is disruptive will not be accepted</p> <p>e) Client with no cognitive deficit</p> <p>f) Client not suffering from traumatic brain injury condition</p> <p>g) Client must be motivated to return to work</p> <p>h) Psychological Status: Psychiatric status controlled by medication and/or psychiatric therapy which causes no harm to the person, others or disruption to treatment</p> <p>i) Medical Stability: Stable vital signs; can be receiving other treatments such as dialysis, acupuncture etc.</p> <p>j) Free from any active contagious infectious diseases (e.g., chicken pox, scabies). An additional medical clearance from a doctor may be required to certify client safe for community rehabilitation</p>
12	Diagnostic Group for intake/ Broad	Clients with diagnosis that fall into following categories will be accepted:

	Diagnosis groups	<ul style="list-style-type: none"> <li>a) Stroke</li> <li>b) Spinal Cord Injury Spinal Cord Injury – <ul style="list-style-type: none"> <li>o Etiology: Traumatic or Non traumatic</li> <li>o Level of SCI : C4 neurological level of injury and below (ASIA A), or any neurological level where respiratory assistance is not required (incomplete injuries)</li> <li>o Comorbidities : Pressure sores or any condition deemed unsuitable for rehabilitation by a Singapore Medical Council registered medical practitioner</li> </ul> </li> <li>c) Amputation</li> <li>d) Orthopaedic conditions</li> <li>e) Other Neurological conditions</li> </ul>
13	Temporary Exclusion	<ul style="list-style-type: none"> <li>a) Active contagious infection</li> <li>b) Hospitalization (1 day – 14 days)</li> <li>c) Unstable vital signs (include blood pressure, pulse, heart rate, oxygen saturation, etc.)</li> <li>d) Condition which limits client’s participation (i.e. change of caregiver, psychosocial factors, etc.)</li> <li>e) The maximum period of temporary exclusion is 1 month with valid reason. Any deviation for up to 3 months will require application and approval from manager</li> </ul>
14	Graduation Criteria	<ul style="list-style-type: none"> <li>a) Have sustained employment for 3.5 months</li> <li>b) Have sustained training/ education for 3.5 months</li> <li>c) Have completed the full duration of training recommended by TTE staff</li> </ul>
15	Discharge Criteria	<ul style="list-style-type: none"> <li>a) Are absent for 3 months without valid reason</li> <li>b) Behaviour that endangers the safety of anyone- client or other clients/ caregivers or staff</li> <li>c) Are deemed medically unfit or have been admitted to hospital due to a medical condition that has changed their functional status</li> <li>d) Are certified by a Singapore Medical Council registered medical practitioner to be ‘permanently unfit for work’</li> <li>e) Refusal or unable to comply with the prescribed</li> </ul>



		programme
		f) Hospitalization/Institutional care for over one month
16	Transition Criteria	<p>a) Clients who need various services after graduation/ discharge from SPD TTE will be offered various options according to their needs</p> <ul style="list-style-type: none"><li>a. Active/ Maintenance rehab: refer back to AIC for other service provider</li><li>b. Employment opportunity: Referral to other employment related programs in SPD</li></ul>